



Aussie Basketball Travellers

'In Basketball'

Issue 6 - March 2008

In This Issue

[Coaching Tips](#)

[Coaches Corner](#)

[Player's Tips](#)

[How To Improve Your Guards Play](#)

[How To Become A Strong Rebounding Team](#)

[Interview With St Mary's Louella Tomlinson](#)

[ABT Book Review](#)

ABT's Basketball Quote Of The Month

"Failure is the opportunity to begin again more intelligently"...**Henry Ford**

Drill Corner

Calling all coaches to submit their best drills to be published. Each month we will publish the best drills that have been submitted, **BUT** all the drills that have been submitted will be available on the All Aussie website for coaches to use.

Any drill used in the 'In Basketball' newsletter will receive a **FREE** Aussie Basketball Travellers bag.

Send your drills to michael@allaussie.com.au

Coaching Tip Of The Month

[See This Inbounds Play From The Baseline](#)

Have a look at the wide variety

'In Basketball' is a monthly newsletter focusing on Australian Junior Basketball. 'In Basketball' will provide Coaches, Players and Administrators up to date information, reviews and tips.

'In Basketball' is proudly bought to you by



This month 'In Basketball' takes a look at St Mary's player and former Melbourne Tiger junior Louella Tomlinson, we'll see how to become a strong rebounding team and improve your guards play with these tips. As always 'In Basketball' has its great tips for players and coaches in our coaches corner and players tips section.

How To Become A Strong Rebounding Team

Even if you don't have an exceptionally strong group of shooters, you can win a lot of games if your team can create a significant rebounding advantage over the opponent. This is an aspect of the game that usually gets some attention, but perhaps not enough considering its impact on game outcomes.

Here are five tips for developing a great rebounding team.

1. Make it a point of emphasis to praise and reinforce the status of players who do what you are asking them to do in the name of rebounding. In other words, you should strive to create team awareness that rebounding is just as important as scoring. This includes the way you handle newspaper articles about games. Break down into meaningful statistics the impact that rebounding has on the game, and make sure that your team understands clearly the implications rebounding has for winning and losing contests. [See all the tips here....](#)

How To Improve Your Guards Play

When discussing guard play, we enter probably the most complex area of basketball. Your team's guards fill such a variety of roles that is difficult to cover all the changing responsibilities -- not only from game to game, but sometimes from play to play. None of the other positions have to make as many adjustments and changes as your guards do. No other position has to be as instantly adaptable as your guards have to be. However, some principles of guard play are consistent regardless of the situation, and those are the ones we will cover here. Obviously, your guards should be able to shoot and handle the ball. They should have the ability to pass and play defense. But that is what we want of all our players. We will go over

of coaching drills we have on the [Coaches Page](#)

Coaches Corner

[How to score more points using set plays](#)

[The Wooden Bowl - A Motivational Story](#)

Player's Tip Of The Month

[10 Tips on taking a charge](#)

[5 Good Basketball Habits To Practice](#)

ABT's Basketball Association Of The Month

The Ballarat Basketball Association is the ABT association of the month for March. Ballarat Basketball Association is located in Country Victoria the "miners" senior teams play in the South East Basketball League. The Ballarat Basketball Association will host this years Under 18 Australian Junior National Championships in July. [Visit their association here](#)

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some drills that might improve your players in these common areas.

What is it that sets our guards apart from other players? [Read the full story here...](#)

1 on 1 Interview With St Mary's Player Louella Tomlinson

Louella Tomlinson has always had basketball blood in her, with both parents representing Australia as players or coaches. Starting with the Melbourne Tiger Louella quickly found her way into junior Victorian state teams and now plays with St Mary's College on the West Coast. AussieHoopsAmerica.com sat down with Louella Tomlinson of St. Mary's College.

Tomlinson captured the NCAA single-season block record in her final game of the season. [Watch this video interview here..](#)

ABT Basketball Book Of The Month

You Haven't Taught Until They Have Learned: John Wooden's Teaching Principles and Practices

I have been trying to come up with adjectives to describe *You Haven't Taught Until They Have Learned* and I'm finding it quite difficult! Maybe I'll think of something, but in the meantime, I know that this is one of the most beneficial books I've ever read. I know this because of everything I am trying to retain and I know this because I didn't want the book to end and I know this because even though I just finished, I want to start over again! We all know the greatness of Coach Wooden as far as wins and championships are concerned. Many people know the great things he has done and said on and off the court as well. There is so much in this book, however, that no one could know; except a former player (Swen Nater). Coach Wooden believed he was first and foremost a teacher - he just happened to teach the game of basketball. I can pretty much guarantee that no matter how much you know about Coach Wooden or how many books you've read by him or about him, you have not read anything like this book. There is plenty to learn about Wooden - how he taught and why he did things he did - but there is so very much that you can take and relate to your position. Whether you are a basketball coach, teacher, parent, manager, or in any position of leadership; you are a teacher. Someone is learning from you. This book so effectively helps you understand how to teach. Having gone through college as an education major, I believe this book should be required reading for all up and coming teachers. It is simply phenomenal!

Basketball Tours

Aussie Basketball Travellers (ABT) has been providing basketball tours all around the world for over a decade. Is your team thinking about taking on the Americans! Then contact ABT's professional staff to discuss the idea further.

See what the staff at The University of Nebraska had to say;

I have had the great fortune to travel with 3 different teams from 3 different universities to Australia and this was by far the most organized and well planned trip. From the time we stepped off the plane in Sydney to the final days in Cairns, David knew exactly what was best for our team. In an effort to help adjust to the time change he had us right in the thick of things site-seeing around the city. His itinerary included an abundance of activities that provided our team a fun while educational experience.

David was always willing to go above and beyond. He consistently asked us questions to make sure our days ran as smoothly as possible. The attention to detail and to our every need set him apart. The teams we played were very organized, well coached and provided excellent competition. In addition, his knowledge and insight made traveling within the country an absolute breeze.

I cannot overstate the fact that this was unforgettable trip. WHEN (not if) we go back someday we will definitely be lead again by David! - Barry Collier

We have started organising tours to the USA & Canada for Summer of 2008/2009, if your team could be interested, please contact us for a chat to see the services we can provide.



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