



Aussie Basketball Travellers

'In Basketball'

Issue 1 - October 2007

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U/14 National Club Titles Wrap

The Australian U/14 National Championships for boys and Girls has been run and won, with some wonderful talent on display over the week long tournament.

With the best club teams from around Australia coming together to fight it out to see which U/14 club team is best in the nation. This year the girls tournament was held in Canberra, while the boys event was in Townsville.

The boy's final was played out between two Victorian teams with the Knox Raiders 81 defeating the Eltham Wildcats 67. 3rd place went to another Victorian team the Keilor Thunder who defeated South Australian club Sturt Sabres. To see the full final day's games and placing [click here](#).

The girls final was played between the Bullen Boomers who defeated the Sturt Sabres 60-48. For Bullen Billie Lucas was the star with 33 points and by all reports has a big future in front of her. For the full final days results and placing [click here](#).

'In Basketball' is a monthly newsletter focusing on Australian Junior Basketball. 'In Basketball' will provide Coaches, Players and Administrators up to date information, reviews and tips.

'In Basketball' is proudly bought to you by



This month 'In Basketball' takes a look at the U/14 National Club Championships, finds out what the ITC Program is all about and checks out some teams that have qualified for the National School Championships in December.

What Is The ITC Program ?

Basketball Australia's internationally acclaimed Intensive Training Centre Program (ITCP) provides Australia's promising young basketballers and basketball coaches with a proven pathway to success in their chosen sport.

Sam Mackinnon (Australian Boomers/West Sydney Razorbacks), **Lauren Jackson** (Australian Opals/Canberra Capitals/Seattle Storm) and **Chris Anstey** (Australian Boomer/Victorian Titans/Dallas Mavericks/Chicago Bulls) are all graduates of the ITCP, whilst **Ian Stacker** (Townsville Crocodiles), **Guy Molloy** (National head coach Young Men's team and former Opals Assistant Coach) and **Carrie Graff** (Canberra Capitals head coach & former WNBA Phoenix Mercury head coach) have all been involved as coaches.

Australia's future champions are taught aspects of sports science and medicine as well as the individual and team fundamentals necessary to become a high level player. Players are exposed to a range of intensive individual and group training sessions as well as participating in local and national ITCP camps. All aspects of a players' development are addressed including time management, planning, personal development and life management skills. Players benefit from the interactive and positive learning environment and also have the opportunity of experiencing international competition in Australia, USA, Asia and Europe. The program is open to players aged between 14-17.

National Schools Tournament

The 2007 National School Basketball Tournament (NSBT) is being hosted by the Geelong Basketball Association from 3-7 December 2007.

The Championship division is what the top basketball schools from around the country set out to win. This division is comprised of the championship

The Under 14 tournaments always show cases the stars of the future and we have some names for you to keep a watch on.

Patrick Mockiewicz - Knox

Raiders - 22.1 points per game

Joel Leebody - Keilor Thunder - 22 points per game

Ben Levey - Stirling Senators - 21 points per game.

Billie Lucas - Bullen - 22 points per game

Carley Mijovic - Dandenong - 19.6 points per game

Alex Wilson - Sturt - 16 points per game

ABT's Basketball Quote Of The Month

We have a great bunch of outside shooters. Unfortunately, all our games are played indoors.
~Weldon Drew

ABT's Basketball Association Of The Month

[Hornsby Basketball Association](#)

Basketball Tours

Aussie Basketball Travellers (ABT) has been providing basketball tours all around the world for over a decade. If you have a team that is ready to take on the USA then contact ABT's professional staff to discuss the idea further.

Recent Tours include;

* University of West Virginia

Drill Corner

Calling all coaches to submit their best drills to be published. Each month we will publish the best drills that have been submitted, **BUT** all the drills that have been submitted will be available on the All Aussie website for coaches to use.

teams from each state/territory and is restricted to 8 teams.

Queensland Championship Winners:

CONGRATULATIONS to John Paul College Men and John Paul College Women, who both won Gold in their respective finals at the Champion Basketball School Queensland Tournament, which concluded Sunday 23rd September 2007 at the Rowan Cowan Stadium, Carina.

Both teams now travel to Geelong, Victoria as Queensland's representatives to the National Schools Basketball Tournament to be held 3rd - 7th December.

[Visit the basketball page at John Paul College to find out more about its program.](#)

State Championship Winners From Around Australia

[See all the State Championships winners from every junior league around Australia.](#)

Well done to the Sturt Sabres who took home more state championship titles than any other club.

Coaching Tip Of The Month

[Offensive and Defensive drills from Brian Goorjian Australian Men's Head Basketball Coach](#)

Have a look at the wide variety of coaching drills we have on the [Aussie Basketball Travellers coaches page](#)

Player's Tip Of The Month

[Increase your vertical jump by completing the following plyometric exercises....](#)

Coaches Corner

[Read what some of the top college coaches have to say when asked the following questions.](#)

Question #1: Do you feel offenses should be catered to players, or that you should try and mold players to fit a set offensive system?

Question #2: Which coach do you feel is the most original and daring X's and O's coach out there? Do you have any specific memories of a crazy or wacky play that he/she drew up?

Receive The 'In Basketball' Newsletter

[Would you like to receive the 'In Basketball' newsletter. If so click here and enter your email address.](#)

Any drill used in the 'In Basketball' newsletter will receive a **FREE** Aussie Basketball Travellers bag.

Send your drills to
michael@allaussie.com.au

Write For ABT

Are you a writer for your schools newspaper, a local paper or just would love to share your stories about your local basketball association, high school basketball team or representative basketball team.

If so then submit your story to Aussie Basketball Travellers and get your name in lights. All submissions can be sent to michael@allaussie.com.au . Start writing your stories today!!

Do you know anyone who'd like to keep in touch with Junior Basketball around Australia. Please forward this email to your coaching friends and colleagues. You can use the forward email link at the bottom of the page.



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